

# Cast Iron Cook-off Agenda 2015

## (Subject to changes)

### September 11:

Contestants arrive on Friday afternoon/evening to get set up, relax and enjoy the camaraderie.

7 PM:

Contestants "Meet & Greet" mingle at the campground shelter.

### September 12:

Morning hours:

Local Girl Scout troops practice outdoor cooking to earn merit badges at the Group Campsite on the west side of the park.

Competitors prepare their fires and begin cooking. The general public can visit and observe the cooking competitors in the campground.

9:30AM:

**Cast Iron swap meet** at day use Group Shelter

12:30PM:

**Cast iron cooking demonstration** at the day use shelter with samples. Join, Georgette Kanach, Cast Iron cooking expert, Registered Maine Guide, and L.L. Bean employee.

**Judging of food begins** in the campground.

1:30PM:

**Cast iron overview, cleaning, use and care** by Fritz Appleby, Park Manager, at the day use shelter

2:45PM:

**Fun and games for the family** (in the open field area):

- Skillet toss - Prizes for furthest tosses!!
- Bean Bag Toss - Prizes for most points!!

5:00PM:

**Cast iron cooking competition judging and awarding of prizes** at the day use shelter.

### September 13:

8:00AM

**Cast iron potluck breakfast for competitors.** At the campground shelter.